

CONTENTMENT

KIDS (5 Minutes)

Q: What are some treasures or things you really, really want to have?

Q: Why do you want to have those treasures?

Let's see what the Bible has to say about the greatest treasure of all.

Jesus says, "The kingdom of heaven is like a treasure hidden in a field, which a man found and covered up. Then in his joy he goes and sells all that he has and buys that field." Matthew 13:44

Q: What gave this man joy? -Finding the Kingdom of Heaven! Finding Jesus and living in his Kingdom of GOOD is the greatest treasure you can have that will never be destroyed. Everything else you want to have here on earth will eventually be destroyed. But finding Jesus will bring you great joy and nothing else will compare.

----DISMISS CHILDREN TO PLAY!----

ADULTS (20-22 Minutes)

INTRODUCTION

Let's talk about Tom Brady.

Success: Most would consider Tom Brady to be the best quarterback of all time.

Riches: He has more money than he knows what to do with an estimated net worth of \$300 million (July 21, 2023). Even his ex-wife, Gisele Bundchen, had a greater net worth of \$400 million. If anyone could be happy, it would be Tom Brady and Gisele Bundchen, right?

Listen to what Brady said in the middle of his career (show video if able):

"Why do I have three Super Bowl rings and still think there's something greater out there for me? I mean, maybe a lot of people would say, 'Hey man, this is what is.' I reached my goal, my dream, my life. I think, '[My], it's got to be more than this.' I mean this isn't, this can't be what it's all cracked up to be ... I love playing football and I love being quarterback for this team. But at the same time, I think there are a lot of other parts about me that I'm trying to find."

Somebody said, "We all live in tents. We either live in Contentment or we life in Discontentment"

<u>Leader</u>: Share an area of your life in which you struggle with contentment.

QUESTIONS:

- Q. What are some of the areas of contentment you think people struggle with most?
- Q. How about you, what is an area you struggle with being content in your life?
- Q. What do you think it is that makes us feel discontent?

The Bible tells us we would struggle with contentment. One of the 10 Commandments says this:

"You must not covet your neighbor's house. You must not covet your neighbor's wife, male or female servant, ox or donkey, or anything else that belongs to your neighbor." (Exodus 20:17)

In the Bible, to Covet means: "to lust after or to long for something with great desire." Fortunately, the Bible also gives us a crystal-clear way to help combat coveting and to find true contentment. Jesus said the Greatest Commandment is to:

"Love the Lord your God with all your heart, soul, mind and strength." (Mark 12:30)

- Q. How do you see loving God with all your heart, soul, mind and strength as the cure for coveting and discontentment?
- Q. Anyone want to share how loving God has helped in your personal struggle with discontentment?

A man named Augustine says this eloquently, "You have made us for Yourself, O Lord, and our heart is restless until it finds its rest in You."

PRAYER (2-5 Minutes):

<u>LEADER</u>: Lead Prayer for the group with the prayer below (or something similar).

Dear Heavenly Father, our hearts cannot find rest until it finds rest in you. When we struggle with being content, reveal to us where our heart is storing up earthly treasures rather than in Your heavenly treasures. May we learn to love you with all of our heart, soul, mind, and strength so that we can experience the joy of being content in all things and all situations you place before us. In the name of Jesus, Amen.