

LOOK BACK**Get to know you.**

Share light refreshments. Go around the group and introduce yourselves and talk through this question: *What is something you can do pretty well?* *

Follow up.

Did you get to share with someone about Jesus or what He has done in your life?
How else did you obey God this last week?

Vision. Jesus said, "Go make disciples of all the nations." The purpose of our Life Group is: To help people become Believers in Jesus who become Disciples of Jesus who become Disciple Makers.

LOOK UP

This account takes place just hours before Jesus' death and He is teaching His disciples about prayer in words and by example. Before we read it, let's pray that God to speak to each of us.

Pray.

Read. We will read through passage three times and then discuss it, so listen carefully.
Get three people to read **Matthew 26:36-41.** **

Discuss these questions, one at a time, encouraging everyone who wants to respond to do so.
Remind the group: Keep your answers based just on this passage.

1. What stands out or surprises you in this passage?
2. What does it show us about people and choices we can make?
Why is it important for us to pray?
3. What does it show us about God?
How would you describe the way God the Son prayed to God the Father?
How do you think God wants us to pray?
4. How does this make you feel? Why?

LOOK FORWARD

As disciples of Jesus, we must be willing to follow Jesus in whatever way He is leading us today. We're going to pray silently for one minute. Pray something like this:

"Lord Jesus, what do you want me to do with what You are showing me?" [1 min. silent prayer]

Share. Would anyone like to share your answer to these questions:

1. How will you obey what God is saying to you through this passage?
2. Who does God want you tell what Jesus has done in your life?

[Facilitator: write down what people say to for the next meeting "follow up" time.]

Closing Prayer

Pray something like: "Lord, prepare the hearts of the people we will be sharing the Good News of Jesus with this week. And give us strength and joy as we follow You. In Jesus' name, Amen."

* Use a different "icebreaker" if you prefer.

** Reading from different translations often helps.